



Reds Academy

Winter 2024/2025



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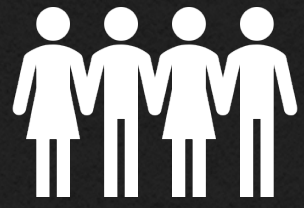


Reds Academy



Reds Academy is a partnership between UNB Reds Soccer and the Fredericton District Soccer Association. The Reds Academy exists to provide additional developmental programming for players in the Fredericton region who are hoping to make the step to the next level.

New for 2024/2025



Groupings: All groups will be divided by age and gender for the 2025 season. In order to accommodate numbers across training groups and sessions, we will ask some underage players to play in older age groups.



Academy Teams: Academy teams will train on Thursday nights. Academy Teams will be selected through an identification process. The Academy teams will play in competition weekends monthly.



07/08 Girls: Will play in St. Thomas University Futsal League starting in January, on Wednesday nights.



07 Boys: Will play in senior Men's Soccer League on Monday nights.





Programs



U9 Elementary School Program: This is a 1 day a week program focused on elementary school age players.



REDS Academy Winter Training: This is a 2 day a week program for players from U11-U18, providing 1 training day and 1 game day each week.



REDS Academy Teams: This program is for players who are identified and selected to participate. The program will include a weekly practice, and monthly competition for the players in U13, U15 and U18 teams.



University Preparation Program: This program adds the Reds Academy Winter Training, Reds Academy Teams together and includes an additional 3 sessions (2 in the dome and 1 in the gym) and is focused on players in the 2010-2007 age groups.



Goalkeeper Training: This is a weekly session for goalkeepers, focused on developing the foundations of goalkeeping.

U9 Elementary School Program

Who	<p>Players Born in: 2015, 2016, 2017, 2018 Recreational players who are looking for a 1 day/week soccer experience through the winter. This program is ideal for players with all levels of experience.</p>
Where	<p>UNB BMO Centre</p>
When	<p>Wednesdays, 4:30pm - 5:30pm</p>
Registration	<p>\$225 Deadline: December 20th</p>
Dates	<p>Starts: January 6th Ends: March 26th No Soccer: March 5th</p>
Fees Cover	<p>Facilities, Equipment, T-Shirt, Coaching, Soccer NB fees, Administration, and Miscellaneous expenses</p>



Reds Academy Winter Training

Who	<p>Players born between 2014 and 2006 This league is for keen players, who are interested in playing in a practice and a game each week. Practices are held on Monday's and games on Tuesday's. Players are divided into 1 of 4 leagues, based on age and ability.</p>
Where	UNB BMO Centre
Placements	November 25th, 26th, & 28th
Registration	<p>\$425 Deadline: November 18th Late Registration Fee: \$25</p>
Dates	<p>Starts: December 2nd Ends: April 1st No Soccer: December 23rd - January 5th, February 17th, March 3rd & 4th</p>
Fees Cover	Facilities, Equipment, T-Shirt, Coaching, Soccer NB fees, Administration, and Miscellaneous expenses



Reds Academy

Winter Training Schedule



Birth Year & Gender	Session # 1	Session # 2
Girls - 2012, 2013, 2014, 2015, 2016	Monday 5:30-6:30	Tuesday 5:30-6:30
Boys - 2013, 2014, 2015, 2016	Monday 5:30-6:30	Tuesday 5:30-6:30
Boys - 2011, 2012	Monday 6:30-7:30	Tuesday 6:30-7:30
Girls - 2009, 2010, 2011	Monday 7:30-8:30	Tuesday 7:30-8:30
Boys - 2009, 2010	Monday 7:30-8:30	Tuesday 7:30-8:30
Girls - 2007, 2008	Monday 8:30-9:30	Wednesday 7:30 or 8:30
Boys - 2008	Monday 8:30-9:30	Tuesday 8:30-9:30
Boys - 2007	Monday 9:30-10:30	Tuesday 8:30-9:30

Goalkeeper Training

Who	<p>Players born between 2015 and 2007 This is for players who are interested in getting more specific goalkeeper training through the winter months. This program will provide 1 hour weekly of keeper specific activities to help keepers prepare for the summer months.</p>
Where	<p>UNB BMO Centre</p>
When	<p>Wednesday's, 5:30pm - 6:30pm</p>
Registration	<p>\$275 Deadline: November 18th Late Registration Fee: \$25</p>
Dates	<p>Starts: December 4th Ends: April 2nd No Soccer: December 23rd - January 5th, March 5th</p>
Fees Cover	<p>Facilities, Equipment, T-Shirt, Coaching, Soccer NB fees, Administration, and Miscellaneous expenses</p>





Invitation-Based Programs

**Reds Academy
Teams**

**Reds University
Preparation Program**

Reds Academy

Teams

Who	<p>Players Born between 2012 to 2007</p> <p>This program is for players interested in traveling and competing through the winter. We will field U13, U15 and U18 Academy teams that will travel and play in select events within the region. Players who are participating in the Academy Teams program are expected to be participating in the REDS Academy Winter Training Program.</p>
Where	UNB BMO Centre
When	<p>Thursdays: U13 B&G: 5:30pm - 6:45pm U15 B&G 6:45pm - 8:00pm U18 B&G 8:00pm - 9:30pm Placement Sessions: November 25, 26, 28</p>
Registration	<p>\$475 Deadline: November 18th Late Registration Fee: \$25</p>
Dates	<p>Starts: January 6th Ends: March 26th No Soccer: March 5th</p>
Fees Cover	<p>Facilities, Equipment, T-Shirt, Coaching, Soccer NB fees, Administration, Competition Registration, Coaches Expenses and Miscellaneous Expenses</p>



Reds University Preparation Program

Who	<p>Players Born between ??</p> <p>The UPP is designed for the most committed and dedicated athletes with in the FDSA program. This is a program that aims to help young athletes develop the physical, technical, tactical and mental skills to be successful at the College and University level.</p>
Where	UNB BMO Centre and UNB High Performance Gym
When	<p>Mondays & Thursdays, 6:00 - 7:30am (some exceptions)</p> <p>Fridays, 5:30 - 7:00pm, in addition to REDS Academy Schedule</p>
Registration	<p>\$2275</p> <p>Deadline: November 18th</p>
Dates	<p>Starts: November 7th</p> <p>Ends: April 5th</p> <p>No Soccer: December 23rd - January 5th</p>
Additional	<p>Fredericton – January</p> <p>Camden Maine – Jan 26 and 27th</p> <p>Bridgewater NS – Feb 16th and 18th</p> <p>TBD - March</p>
Fees Cover	<p>Registration in the Reds Academy Program, tournament registration fees, guest speakers, facilities, equipment, t-shirt, coaching, Soccer NB fees, administration, competition registration, coaches expenses and miscellaneous expenses.</p> <p>*Please note that accommodations, transportation and meals are not included in the registration fees.</p>



Questions?